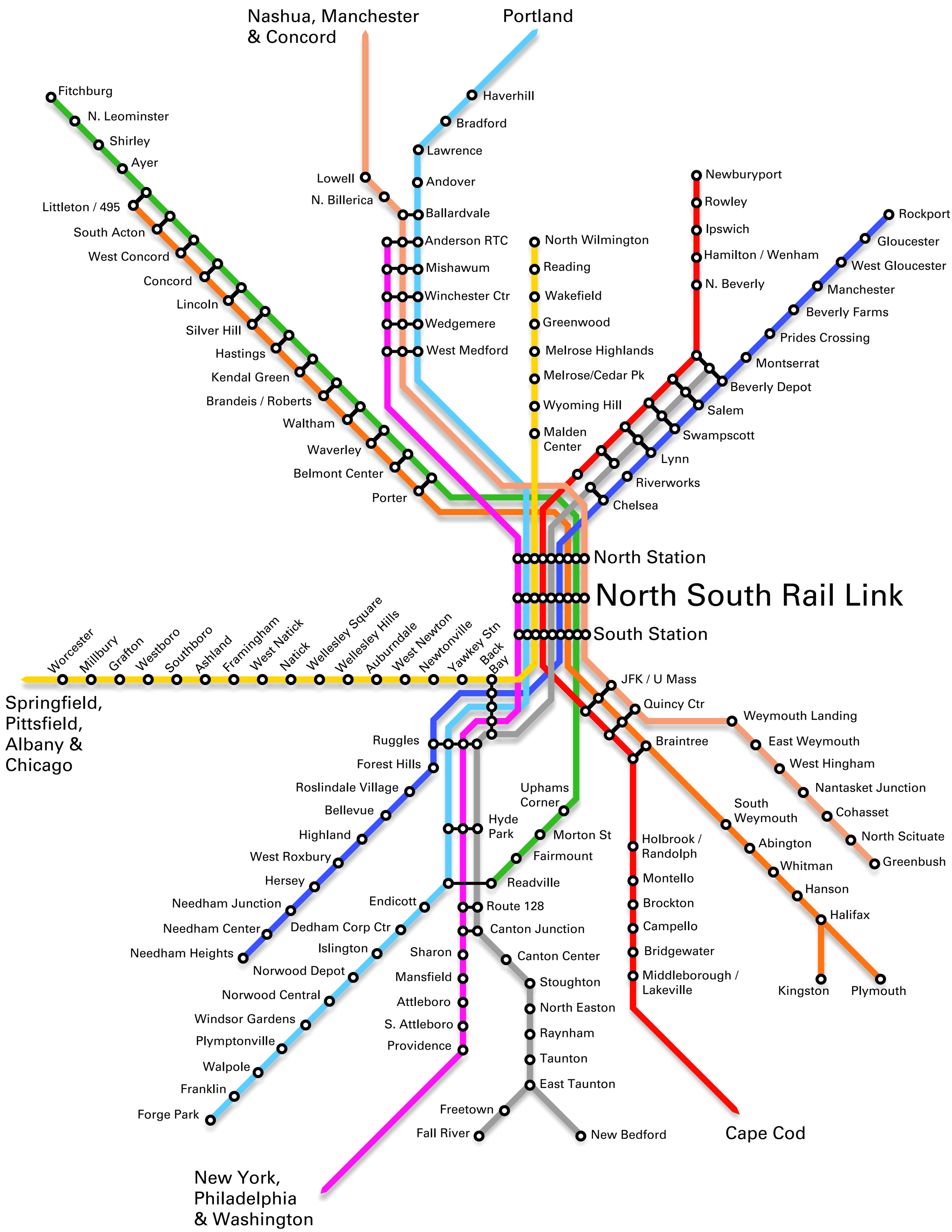An Integrated Regional Rail Network